**MASSAGE**

**MOUNTAIN ARNICA THERAPEUTIC MASSAGE**
50 minutes | 140 80 minutes | 195
This performance enhancing massage combines stretching, compressions, and deep tissue techniques, to restore mobility and body comfort. Heat therapy and a soothing herbal arnica gel delivers relief to the affected areas.

**DRY BRUSH THERAPY**
50 minutes | 120
This uplifting treatment combines the benefits of a dry brush exfoliation with a soothing aromatherapy infused massage. A focused all over body exfoliation with a dry brushing is a natural method to stimulate the nervous system, eliminate toxins, and improve circulation. A therapeutic massage combined with soothing scents and steamy desert flower herbal poultices beckon the body into complete relaxation.

**THE BLAKE MASSAGE**
50 minutes | 130 80 minutes | 185
Designed to promote a feeling of wellness and relaxation, this traditional full body massage incorporates your choice of indigenous scents; pinon pine or the reviving sage. Inhalations and conditioning masks for hands and feet enhance this total body experience.

**INTENTIONAL AROMATHERAPY MASSAGE**
80 minutes | 185
Intended to enhance the massage experience by matching an aromatherapy oil that resonates with your energy. Using our aroma blending bar, you will explore yourself through scent and receive the perfect massage for you in this moment.

**LAVA FLOW HOT STONE MASSAGE**
80 minutes | 195
Warm desert stones, charged by the energy of the full moon, are used to reinvigorate the mind and body. Soothing heat from the stones combined with essential native plant oils, provide a strengthening and grounding experience.

**SKIN CARE**

**MOISTURE QUENCH FACIAL**
50 minutes | 140
Designed to counteract the effects of a high-altitude environment and extreme climates, this facial infuses the skin with intense moisture and hydration that will help balance and strengthen its natural protective barrier.

**FLOWING RIVER PURIFYING FACIAL**
50 minutes | 140
A thorough cleansing, exfoliation, and moisturizing mask designed to brighten and elevate overall complexion.

**BRIGHTENING FACIAL**
50 minutes | 140
Experience the benefits of a light peel that will improve texture and enhance your overall skin tone. Immediate and visible results will be revealed for all skin types.

**DESERT GLOW ANTI-AGING FACIAL**
80 minutes | 195
A calming and nourishing facial aimed at restoring the skin. The products work powerfully to reduce the visible signs of aging and give the complexion an immediate glow.

**REBALANCE FACIAL**
50 minutes | 140
This comforting and corrective facial will soothe the most reactive skin. A gentle refining scrub and application of a calming cream leaves skin fresh and renewed.

**BODY TREATMENTS**

**MOUNTAIN PATHS JOURNEY**
80 minutes | 195
Indulge in this exclusive journey and savor the therapeutic benefits of indigenous flora, while balancing energy flow throughout the body. Your personalized path begins by creating custom aromatherapy and body scrub blends. Let the healing scent of sage, pinon pine, or prickly pear oils calm mind and body, while enveloped in a warm wrap enhanced with a desert hot oil scalp massage and energy point facial treatment. This journey will help forge a path to personal healing, harmony, and peace.

**ADOBE CLAY WRAP**
50 minutes | 120
Draw from the healing power of the earth. Known as "the mud that heals" by some indigenous cultures, clay is a powerful detoxifier and provides essential nourishment to the skin. This treatment begins with a gentle dry-brush exfoliation, followed by a rich clay wrap, and naturally lifting facial massage. After a private steam shower, skin is moisturized with a hydrating jajoba lotion.

**NATIVE HERBAL HYDRATION WRAP**
50 minutes | 120
Stress will melt away like a New Mexican sunset with this therapeutic experience. A dry brushing prepares skin for an application of an ultra-hydrating shea butter and jajoba oil combination. Enveloped in scents of native organic lavender and wild sage you will be whisked into a state of deep relaxation.

**HIGH DESERT SCRUB BAR**
50 minutes | 95 80 minutes | 125
Our exclusive scrub bar allows you to blend your ideal body scrub choosing from a variety of raw materials and mesmerizing scents from the flowers and herbs of Northern New Mexico.

**ADD ONS**

**DESERT SCALP THERAPY**
15 minutes | 25
Heated oil scented with wild lavender and vetiver grass are massaged into the hair and scalp providing a hydrating and nourishing treatment leaving hair shiny and strong.

**SOLE RENEWAL**
15 minutes | 25
Tired soles are revived with a mint reflex zone massage that will leave you feeling grounded and connected.

**ENHANCEMENTS**

No Extra Time Needed | 25 each

**HERBAL POULTICE**
The warmth of the pouches, rocking motion of therapy, and aroma of the herbs combine to create a deeply soothing experience.

**SHARED EXPERIENCES**
Enjoy some relaxation or recovery with a loved one in our private couple’s suite. Your choice of massage followed by a glass of champagne.

**LIP LUSCIOUS**
Plumping and moisturizing treatment to replenish dry, cracked lips.

**MAGNESIUM INFUSION**
When muscles are fatigued, or energy levels depleted, try activating our transdermal magnesium mask to your service. Minerals are replenished through the skin to great affect.

**EYE LOVE YOU**
This soothing and rejuvenating treatment minimizes dark circles while brightening and tightening the delicate eye contour area. Ideal to minimize the look of fatigue after travel.

**EXPRESS DESTRESS**
15 minutes | 25
30 minutes | 50
When time is short, we focus on the areas that hold most tension - head, neck, and shoulders.

**BLUE CORN SCRUB**
30 minutes | 55
Gentle buffing grains exfoliation the skin, stimulating circulation and allows better hydration of the skin.

**THE SPA & Wellness Center is conveniently located inside The Blake.**
For reservations, please call: 575.776.5340